Dietary Guidelines for Americans: Opportunities for Public Engagement

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Objectives

1. Describe the background of the *Dietary Guidelines for Americans*

2. Provide an overview of the current process for the Dietary Guidelines recommendations

3. Identify opportunities for public input and engagement throughout the process
Joint Effort (HHS & USDA)

- HHS: Office of Disease Prevention and Health Promotion (ODPHP)
- USDA: Center for Nutrition Policy and Promotion & Agriculture Research Service
- Updated every 5 years

Purpose

- Provide science-based recommendations for ages 2 years and older
- Including those at increased risk of chronic disease

Target audience

- Policymakers, nutrition educators, and health professionals
The History of the Dietary Guidelines for Americans

1980

1985

1990

1995

2000

2005

2010
Dietary Guidelines for Americans: 1980 to Present

**Method for Reviewing the Evidence**

- **DGAC’s collective knowledge of nutrition**
- **Search and review of the scientific literature**
- **Inauguration of USDA’s NEL; robust systematic approach to evaluate the science**

**Audience**

- **1980-1995**: Consumers
- **2000**: Consumers, policy officials, nutritionists and nutrition educators
- **2005**: Policy officials, nutritionists and nutrition educators
- **2010**: Policy officials, nutritionists and nutrition educators
- **2015**: Policy officials, nutritionists and nutrition educators
USDA’s Nutrition Evidence Library

• Created to conduct systematic reviews to inform Federal nutrition policy and programs
  – Preferred foundation for policy development and guidance

• Meets Federal mandates requiring that all agencies ensure the quality, objectivity, utility, and integrity of information used to form Federal guidance

• Uses a systematic process that is rigorous, transparent, and minimizes bias
2010: Advances in Access to and Evaluation of Nutrition Evidence

- **USDA’s Nutrition Evidence Library**
- **Food Pattern Modeling**
- **Web Technology**
- **Dietary Intake Analyses** (e.g., consumption trends/calorie intake by groups)
- **Public Comments**

**Other Systematic Reviews/Reports**
- Physical Activity Guidelines
- DRIs and other IOM Reports
- Federal Reports
- Others

**2010 DGAC Report**
Policy Development and Implementation

Phase 1

DGAC Charter

DGAC Charter

DGAC Public Meetings: Review of Science

DGAC Report Submitted to Secretaries of USDA & HHS

USDA & HHS Develop Policy Document

DG Implemented through Federal Programs

Phase 2

Phase 3

Phase 4

Nutrition Facts

Dietary Guidelines for Americans, 2015
<table>
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<tr>
<th>Time Period</th>
<th>Event Description</th>
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| Fall 2012/Winter 2013 | HHS/USDA solicited nominations for Dietary Guidelines Advisory Committee (DGAC)  
Announcements published in the Federal Register (Call for Nominations, Charter) |
| Spring/Summer 2013  | DGAC members were appointed by HHS and USDA Secretaries in May  
Announcements published in the Federal Register (DGAC membership, 1st meeting date, call for public comments)  
DGAC held its first public meeting in June |
| Summer 2013-Fall 2014 | DGAC reviews current scientific evidence  
DGAC holds subsequent public meetings. One meeting will include public oral testimony (January 13 – 14). |
| Fall 2014           | DGAC issues report to Secretaries of HHS and USDA  
DGAC report published made available to public for comment |
| Winter 2014/Spring 2015 | DGAC report is conveyed to HHS and USDA Secretaries  
HHS and USDA consider DGAC report and public and agency comments  
Departments prepare the *Dietary Guidelines for Americans* policy document |
| Fall 2015           | HHS and USDA jointly publish and release the 8th edition of the *Dietary Guidelines for Americans* |
The role of the Dietary Guidelines Advisory Committee (DGAC) is to:

- provide independent, science-based advice and recommendations to the Federal government
- inform the government’s development of the Dietary Guidelines for Americans
Requirements for Federal Advisory Committee Operations

• Publicly open meetings
  – Accessible to public
  – Live webcasts of all meetings are archived and available to public

• Advance notice of meetings published in Federal Register (minimum 15 working days)

• Maintain records
  – Available to public (www.dietaryguides.gov)
  – FACA Database (www.facadatabase.gov)
Transparent Development Process

- Open Committee meetings with materials posted at: www.DietaryGuidelines.gov

- Public comments accepted throughout deliberations

- Advisory Report posted online for public comment

- Nutrition Evidence Library available to public at: www.NEL.gov
2015 Dietary Guidelines for Americans

ANNOUNCEMENT

The second meeting of the 2015 Dietary Guidelines Advisory Committee, originally scheduled for October 3-4, 2013, is being planned for January 13-14, 2014. A Federal Register notice announcing the meeting with further details will be published in the next couple of weeks.

The Federal Register notice, meeting registration, and meeting information will be posted here at www.dietaryguidelines.gov when available.

Please Note: Individuals who were confirmed or on standby to provide oral testimony for the October meeting will retain their standing for the rescheduled January meeting. New requests for oral testimony will not be accepted.

The Departments of Health and Human Services and Agriculture have established the 2015 Dietary Guidelines Advisory Committee (DGAC). The Committee’s recommendations and rationale will be presented in a report to both the Secretaries of Health and Human Services and Agriculture, and will serve as a basis for the eighth edition of the Dietary Guidelines for Americans.
Federal Register Notice

• “Daily Journal of the U.S. Government”

• Provides advance notice of public meetings and opportunities for public input

• [www.federalregister.gov/](http://www.federalregister.gov/)
3. Regulation
   a. Are there current areas of regulatory overlap among FDA, ONC, and/or PCC, and if so, what are they? Please be specific if possible.
   b. If there are areas of regulatory overlap, what, if any, actions should the agencies take to minimize this overlap? How can further duplication be avoided?

   Dated: May 23, 2013.
   Jodi Daniel,
   Director, Office of Policy and Planning, Office of the National Coordinator for Health IT.
   [FR Doc. 2013-12617 Filed 5-29-13; 8:45 am]
   BILLING CODE 4180-05-P

DEPARTMENT OF HEALTH AND HUMAN SERVICES

Meeting of the 2015 Dietary Guidelines Advisory Committee

AGENCY: Office of the Assistant Secretary for Health, Office of the Secretary, Department of Health and Human Services.

ACTION: Notice.

SUMMARY: As stipulated by the Federal Advisory Committee Act, the U.S. Department of Health and Human Services (HHS), in collaboration with the U.S. Department of Agriculture (USDA), are hereby giving notice that a meeting of the 2015 Dietary Guidelines Advisory Committee (DGAC) will be held.

Fax: (240) 453-8281; Lead USDA Co-Executive Secretary, Collette L. Rihane, M.S., R.D., Director, Nutrition Guidance and Analysis Division, Center for Nutrition Policy and Promotion, USDA; 3101 Park Center Drive, Room 1034, Alexandria, VA 22302; Telephone: (703) 305-7600; Fax: (703) 305-3300; and/or USDA Co-Executive Secretary, Shanthy A. Bowman, Ph.D., Nutritionist, Food Surveys Research Group, Beltsville Human Nutrition Research Center, Agricultural Research Service, USDA; 10300 Baltimore Avenue, BARG-West Bldg 005, Room 125, Beltsville, MD 20705-2350; Telephone: (301) 504-0619. Additional information about the 2015 DGAC is available on the Internet at www.DietaryGuidelines.gov.

SUPPLEMENTARY INFORMATION: Under Section 301 of Public Law 101–445 (7 U.S.C. 5341), the National Nutrition Monitoring and Related Research Act of 1990, Title III the Secretaries of Health and Human Services (HHS) and Agriculture (USDA) are directed to issue a report titled Dietary Guidelines for Americans. The law instructs that this publication shall contain nutritional and dietary information and guidelines for the general public, shall be based on the preponderance of scientific and medical knowledge current at the time of publication, and shall be promoted by each federal agency in carrying out any federal food, nutrition, or health

will be available at www.DietaryGuidelines.gov.

Authority: The 2015 DGAC is authorized under 42 U.S.C. 217a, Section 222 of the Public Health Service Act, as amended.

Committee’s Task: The work of the DGAC will be solely advisory in nature and time-limited. The Committee will develop recommendations based on the preponderance of current scientific and medical knowledge using a systematic review approach. The DGAC will examine the current Dietary Guidelines for Americans, take into consideration new scientific evidence and current resource documents, and develop a report to the Secretaries of HHS and USDA that outlines its science-based recommendations and rationale which will serve as the basis for developing the eighth edition of the Dietary Guidelines for Americans. The Committee will hold approximately five public meetings to review and discuss recommendations. Meeting dates, times, locations, and other relevant information will be announced at least 15 days in advance of each meeting in the Federal Register notice. As stipulated in the charter, the Committee will be terminated after delivery of its final report to the Secretaries of HHS and USDA or two years from the date the charter was filed, whichever comes first.

Purpose of the Meeting: In accordance with FACA and to promote transparency of the process,
Opportunity for public to provide input to DGAC in public venue

Public oral testimony planned for second DGAC meeting (January 13 – 14)
Public Comments

• Public comment is an important input to the DGAC
• Written comments from the public accepted throughout the Committee’s deliberations
• Public Comments Database is located at www.DietaryGuidelines.gov
• Can both submit comments and read all comments posted
• All comments shared with the Committee
• DGAC members do not accept oral or written comments provided to them individually
You are invited to submit and read comments anytime during the advisory process for the 2015 Dietary Guidelines for Americans. Instructions for submitting and searching the comments are provided.

Click the link on left to submit comments.

Click the link on left to read comments that have been posted.
Dietary Guidelines for Americans, 2015

Submit Comments

Instructions: Please complete the short form below to submit your comment for the Committee. Please note that there is a 20 minute time limit to complete this form, and you cannot save and return to a partial comment later. If you anticipate needing more than 20 minutes to draft your comment, we suggest that you compose the message separately and copy and paste it into the form. You may also upload your comment as an attachment.

Fields marked with an * are required.

First Name*  Last Name*  Credentials

Make Name Public
By checking this box, your name will be publicly displayed with your comment. If you leave this box unchecked, you will remain anonymous.

Affiliation*  Organization*

Information

This information will not be available to the public.

Email*  Phone*

Address

Address 2
Topics* (Comments are grouped based on their topics. Please select one or more topics that accurately reflect the content of your comment. You must select at least one.)

- Food Groups (Fruits, Vegetables, Grains, Dairy, Protein Foods)
- Eating Patterns-Diets (USDA Food Patterns, DASH, Vegetarian, Low Carb, Hi-Protein, etc.)
- Energy Balance (Weight Loss, Weight Maintenance, Calorie Intake, Physical Activity)
- Carbohydrates (Added Sugars, Fiber, Glycemic Index, Whole Grains)
- Protein (Plant, Animal)
- Fats (Total Fat, Solid Fats, Oils, Fatty Acids, Cholesterol)
- Micronutrients (Sodium, Potassium, Vitamin D, Calcium, Iron)
- Water & Beverages (Non-alcoholic)
- Alcoholic Beverages
- Food Safety
- Sustainability
- Food Environment
- Behavior
- Lifespan Needs (Infants, Children, Pregnant Women, Older Adults, etc.)
- Other

Comment  
Type or paste your comment in the text box below (no more than 5,000 characters). Note: Comments here are searchable. Info in attachments will not be searchable.

Attachments  
File types accepted: doc, docx, pdf, and zip. Maximum total file size: 20MB. Care should be taken not to violate copyright laws.

- No Attachments
- Attachment #1
  - Choose File
  - Remove
- Attachment #2
  - Choose File
  - Remove
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U.S. Department of Health and Human Services

DietaryGuidelines.gov

Thank You!